



SANA AMIN

FROM: England

TOP FIVE CHARACTER VALUES: LEADERSHIP | COMMUNICATION | RESILIENCE, PERSEVERANCE & DETERMINATION | OPEN MINDEDNESS | EMPATHY

"I have learnt from my social action that great ideas can take time to unfold, you need resilience to achieve them, and sometimes you must take risks and learn from mistakes to grow as an individual making positive change in their community and world."

I learnt about social action through The National Citizen Service where as part of a team I helped facilitate visits to local businesses and charities, helping them to deliver sponsorship, campaigning and social action projects around post-traumatic stress disorder. Here I saw the power of collaboration with like-minded young people and how we can have a positive impact on society.

Aged 17 I became Vice President of my local Interact Club with Rotary International and organised social action projects both locally and internationally. This included engaging local stakeholders to donate over 200 food items for a community with lots of homelessness in Buckinghamshire during winter. After raising £100 worth of aid for refugees I was awarded £150 of seed funding to initiate further community-led development projects and invited to complete the Rotary Young Leadership Award.

It is challenging taking part in social action in my area. The

youth centre got shut down and young people do not feel they belong in the community or have support to gain skills. This makes me extra proud to be an award-winning young community leader making a positive impact.

I am now Vice Chair of the Spirit of 2012's youth panel and our team of 10 amazing young people recently allocated £75,000 to 'Creative Minds', an innovative project tackling the stigma around mental health in young people and helping them be the best versions of themselves. I have also taken part in 'Drivers for Change' as one of over 80 young people visiting social enterprises across the UK, learning how best to make positive change. This taught me that great ideas can take time to unfold, you need resilience to achieve them, and sometimes you must take risks and learn from mistakes to grow as an individual making positive change in their community and world.



... continue working to help young people from all different backgrounds get the opportunity to fulfill their potentials and for their voices to be heard.

