

BENJAMIN WAUDBY

AGE: 19 years old FROM: England

TOP FIVE CHARACTER VALUES: RESILIENCE, PERSEVERANCE & DETERMINATION | COOPERATION HUMILITY / MODESTY | SOCIAL JUSTICE | COMMUNICATION

"Social action has taught me many things such as the need for determination and contingency plans!"

When I joined Hull Youth Council one of the first issues I campaigned on was racial and religious discrimination. There is particular xenophobia towards people from Eastern Europe in my area. For our campaign 'Don't Hate, Educate' I met with MPs to influence and lobby them to vote for stronger anti-discrimination measures in Parliament and for schools to put emphasis on British values of tolerance towards people of all backgrounds. I have also campaigned for cheaper transport, votes at 16, a more inclusive Curriculum for Life, and greater diversity among young people taking part in social action. I was up until this year Member of UK Youth Parliament for Kingston Upon Hull.

Hull has consistently been portrayed negatively, limiting education and work opportunities for young people. I was determined to work tirelessly to bring about change in my community, campaigning on the issues that matter to young people, especially those from marginalised and deprived backgrounds. As a former Member of UK Youth Parliament I have the right network and resources to do this.

I am a member of the NHS Youth Forum. I campaign on issues

relating to health, social and mental health care, including our campaign for peer support for people with health conditions being the most cost-effective and efficient way to improve outcomes.

As a Young Technical Advisor with the British Youth Council and the World Health Organisation, I explore areas such as how the NHS can strive to achieve the Sustainable Development Goals.

I have campaigned with Headstart to prevent mental health conditions and suicide, including recording positive messages that were broadcasted on the Humber bridge.

Social action has taught me many things, including the need for determination and contingency plans! I am also now a confident public speaker, having articulated myself in Cabinet meetings and in the House of Commons.



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... show how youth social action can improve educational and work opportunities for young people, especially those from marginalised and deprived backgrounds, and the benefits of action in mental health care.