



AMELIA COLLINS-PATEL

AGE: 20 years old FROM: England

TOP FIVE CHARACTER VALUES: LEADERSHIP | CONFIDENCE | RESILIENCE, PERSEVERANCE & DETERMINATION | COURAGE | HUMILITY / MODESTY

“Participating on the Youth Advisory Board, I’ve helped professionals understand the world from a young person’s point of view, challenging their perspectives, as well as encouraging other young people to reach their full potential and have their voices heard”

When I was eleven, I did a sponsored bike ride to raise money for the hospice that had supported my grandad. I also helped lead an Echo club for primary school aged children to help raise awareness of issues affecting our planet.

A few years later I started volunteering at my church, supporting young people facing challenges including mental health problems and special educational needs, so they could be involved in group and camp activities. I have also volunteered with Girlguiding and find all this work very rewarding.

For the last four years I have been involved with the NSPCC as an ambassador for the charity. This includes fundraising challenges, as well as speaking to large audiences about what I do as a volunteer, in order to help the fundraising team attract new supporters. Two years ago, I took up a role on the NSPCC’s Youth Advisory Board, advising the trustees on young people’s opinions on board papers and promoting

the value of youth voice at governance level. With this particular role I help professionals to understand the world from a young person’s perspective. I’ve also shared my own story in the media, encouraging other children and young people to speak up when they are having a difficult time.

I have enjoyed helping to shape and develop campaigns, not only with the NSPCC but also with the Royal Foundation’s Cyberbullying Taskforce and their ‘Stop, Speak, Support’ campaign, and have also volunteered with other organisations.

Taking part in social action alongside my studying Theology at Ridley Hall, Cambridge gives me a chance to do many different things from campaigning, to fundraising to interviewing new staff, attending events and giving media interviews. I find it all hugely rewarding.

